

Happy New year

REVELATION BELONG TO US AND OUR CHILDREN FOREVER - (DEUT. 29:29)

WEEKLY

RHEMA⁴ LIFE

January 2020

23
VOLUME

Encountering Revelation For Manifestations

EACH NEW EDITION FEATURES



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UNPACKING TREASURES FOR THE NEW SEASON ➤

With Every New Season Comes; New Opportunities. New Ideas etc. In this Edition, Learn how NOT to approach the NEW with the OLD perspective!

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In this Edition, learn how to use Thyme to relief persistent cough symptoms.

CAREER INSIGHT ➤

Access Weekly Nuggets to Promote Positive & Fair Working Environment. Plus Lots of Freebies, Kid's Fun Challenge, Deals, Offers etc...



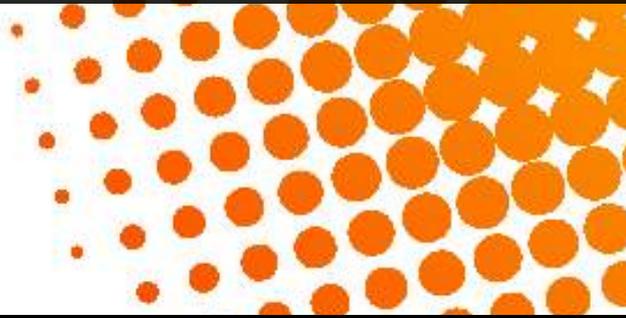
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WEEKLY

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FOR SOUL WINNING & SALVATION

Jesus Christ

knocks at the door of your heart with an invitation to His ...

BANQUET

Congratulations! You are chosen to be amongst those who will eat at the feast in the kingdom of God. The time of the banquet is near and you cannot afford to miss out...

Today Jesus says these kind words to you, "My blood was shed for your present, past and future mistakes. I was wounded for your transgressions, I was bruised for your iniquities: the chastisement of your peace was upon me; and with my stripes your physical, spiritual, emotional and psychological healing was confirmed.

Behold, I stand at the door of your HEART and knock. If YOU hear My voice and open the door, I will come in and dine with YOU. (Rev 3:20)



IF YOUR RESPONSE TO THE INVITATION IS YES

Say this Declaration Now

Lord Jesus, I accept your invitation today. I am sorry for all my wrongs and repent of my ignorance. Please forgive me and help me become a better person committed to you all the days of my life, Amen.

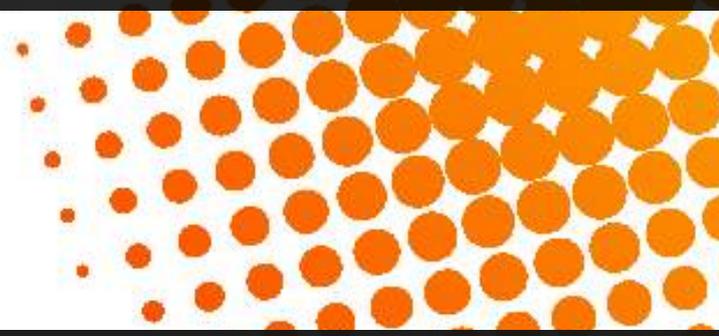
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Volume 23



- Gloria Austine

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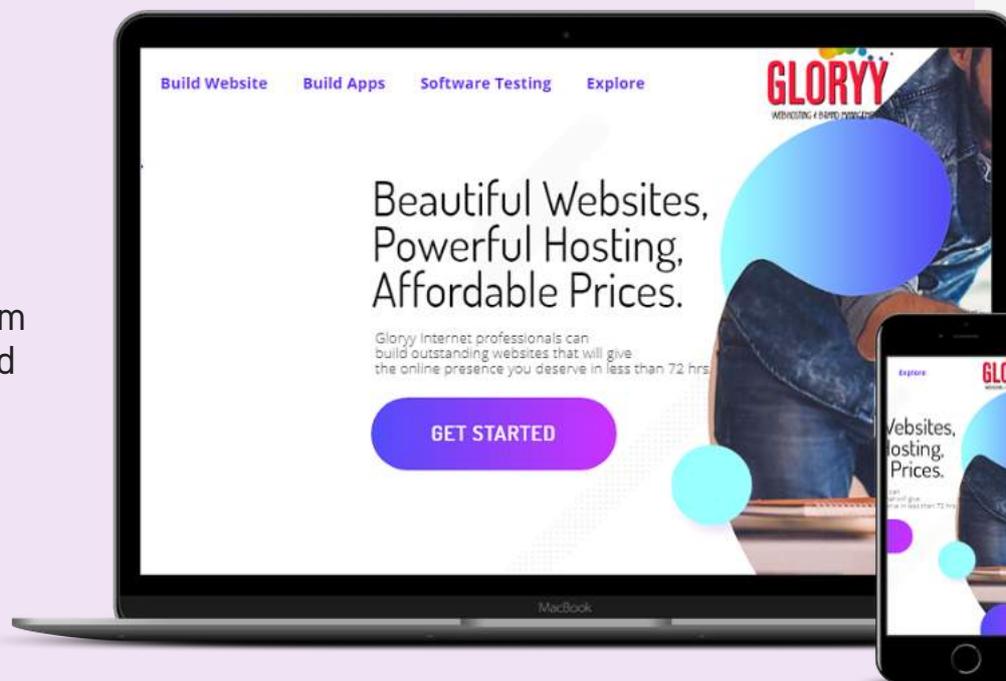
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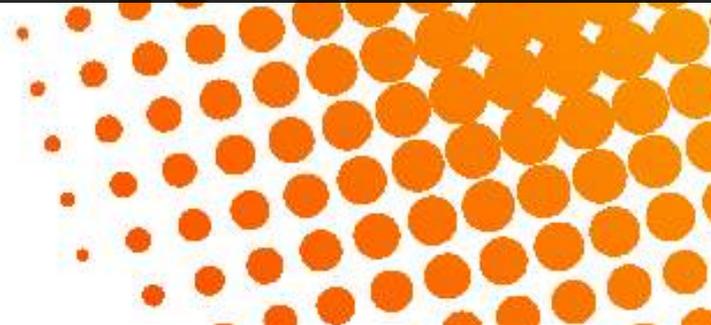
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 FOR EDIFICATION, HOPE & COMFORT



"You've got much more than you think. Be intentional about how you live your life refusing to settle for anything less than God's best for you. It's time to arise out of Doubts; Confront your fear and be a shining light to your generation" - G.A.

Genesis 41:14, So Pharaoh sent for Joseph, and he was quickly brought from the dungeon. When he had shaved and changed his clothes, he came before Pharaoh.

DON'T APPROACH THE NEW WITH OLD PERSPECTIVE

This season brings a response to the manifestations of your long awaited prophecies and prayers; but from a different perspective that you are unfamiliar with. When the set time came for the fulfilment of Joseph's dream. God gave another dream, but this time, not to Joseph but to an appointed helper who will play a vital role in actualising the promise of God concerning his destiny. This season God shall give your lifters of destiny dreams, visions, ideas or tasks, that will prompt them to seek for your audience; and bless you as God ordained.

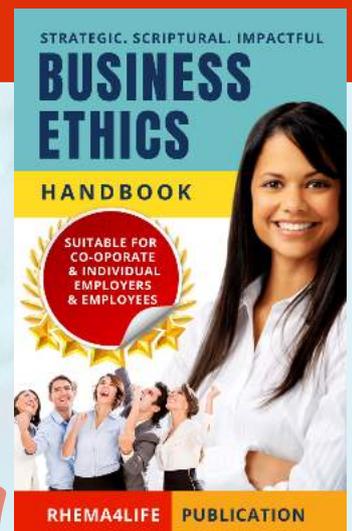
RHEMA FOR YOU

However you've got a vital part to play on-route to your meeting with your destiny lifters. Like Joseph the old outfit has to be taken off completely in order to prevent mis-representation. Also the beard on the face that has hidden your true beauty and identity has to go as well (for some people this could represent procrastination, discouragement, doubt, fear, bitterness as a result of past hurting occurrences, unforgiveness, anger, malice, etc)

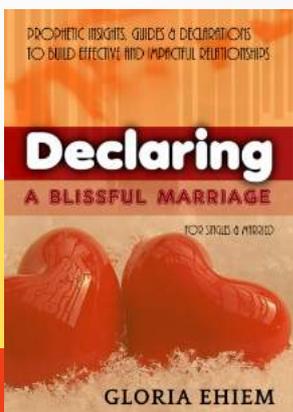
And as you do, this shall be your declaration "I waited patiently for the Lord, he turned to me and heard my cry. He lifted me out of the slimy pit, out of the mud and mire; he set my feet on a rock and gave me a firm place to stand, Psalm 40:1-2.

P. Gloria Austine E.

Mountain of the Lord & Rhema4life Magazine, UK



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 FOR PRAYER & INTERCESSION



Prayer & Prophetic Guide for a New Season.



The wrong perceptions and position in your prayer altar can clog or alter the answers to your prayers.

(1) 2 Chronicles 20:22, And they began to Sing and Praise, "the Lord set ambush.....(God never reacted until they engaged the weapon of Praise). This season our pure Gratitude, Thanksgiving & Praise are useful weapons that will create tremendous results, provoke divine intervention and put God to work faster than the attitude of complains.

(2) 2 Chronicles 20:30, So the realm of Jehoshaphat was quiet; for his God gave him rest round about. (This shall be a Season of rest for many people who understand the use of the weapon of Thanksgiving, Praise & Gratitude).

(3) God in this season will instill the fear of his people in the hearts of many, because of the wonders he will do on their behalf.

(4) Wrong collaborations that will not be fruitful in your prophetic walk with God NOW, will come to an end. Don't be disappointed when people walk away. It is all for your benefit.

(5) This shall be a year of great Repentance, and Reconciliation. Many, who dispice you, plotted against

you, conspired and lied against you like Joseph's brother's will genuinely seek for peace. Don't panic when people you least expect come to make peace with you. Gen. 50:18-20.

(6) Like Cornelius a great reward awaits those whose generosity and kindness have come before God as a memorial. This season both good and bad deeds will be rewarded.

(7) This is a decade of tramendous soul winning. Where the most unlikely people who once faught the church will be at the forefront of global evangelism.

(8) Many will receive a fresh momentum and impartation for soul winning. Don't fight the urge if you feel the desire for soul winning; only ask Him for the right timing, the right people and the right location; and God will back you as you step out.

(9) This season the mantle of Faith, and the weapon of Praise when combined will bring Territorial, Regional, & National Shifts and Breakthroughs. Heb.11:6.

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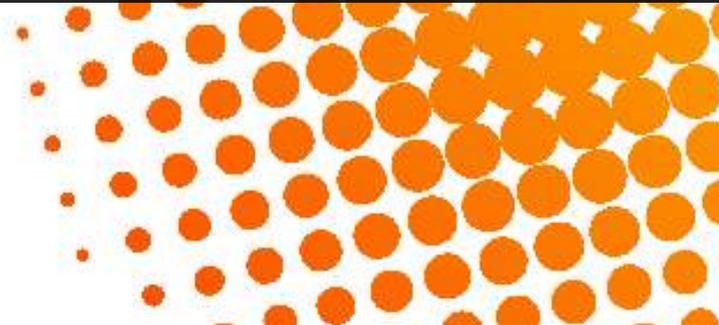
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FOR MOTIVATION & FREEDOM



How to Nurture the Desire to Love?



A love walk does not come easily or without personal sacrifice.

There are different degrees of desire. We want many things in life, but there are only a few things we want so much that we are willing to sacrifice to have them. If you and I want to learn about love, we will have to study it. We will have to read books about it, listen to teachings on it, and familiarize ourselves with everything Jesus and the apostles said about it. Look for love in action. Try to find someone who operates in love and study that individual. Watch how he or she handles people and difficult or tense situations. Observe how they give. Examine the fruit of their life. I encourage you to view love as your first priority in life. Study it, seek it, pursue and acquire it, because God's Word boldly tells us that we're nothing without it.

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WITH JOYCE MEYER

Recommendations

Joyce Meyer explains how to apply Biblical solutions to your daily living and discover answers to your everyday dilemmas.



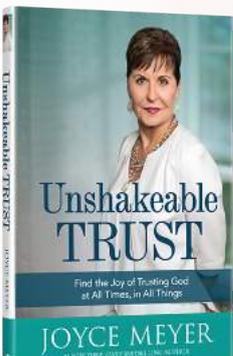
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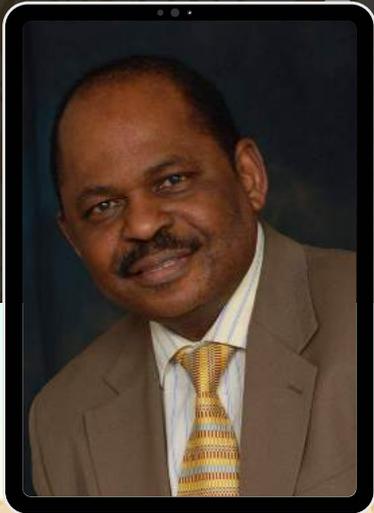
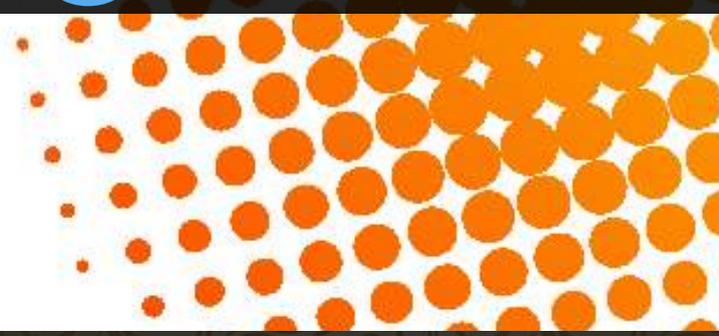


LISA OSTEN COMES



DAVE MEYER

WEEKLY
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 LIFE
 RHEMA FOR DREAMS & VISIONS



"You are destined for the top—the top of your class, your pay grade, your ministry, your family's respect —whatever top level God's will is for your life, you can achieve it" - JJ

More guides available in "Dictionary of Dream Symbols"
Published By Bishop Joe Ibojie Legacy
 (Founder of The Fathers House, Aberdeen)

Biblical Based Interpretation of Dreams

DREAM SYMBOL - WEEK 1 - ADULTERY

Considering the fact that every born again christian represent the bride of Christ. Adultery in the dream indicates unfaithfulness regarding spiritual things or natural things. It could actually represent the act or desire for adultery; and also lust for the pleasures of the world (sin). Revelation 19:7-9, Galatians 5:19-20

Symbolic Actions

A dream where a married person is having extra marital affairs; could indicate a dreamer's unfaithfulness in the things of God. It may also be a warning: against a tempting situation; divided loyalty or a weaving between opinions.

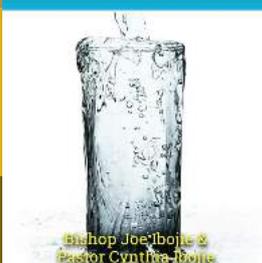
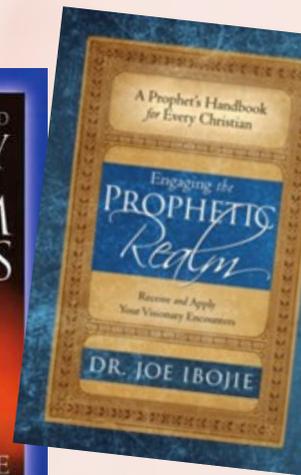
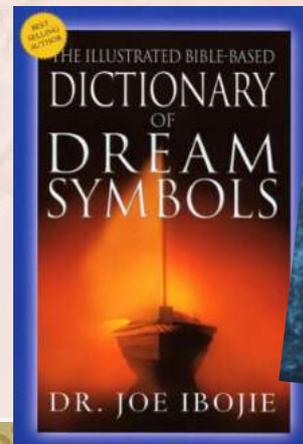
Individual Actions

Ever had such dreams? Pray and ask God to show you the areas of your life that hosts the desire for hidden sin. Also ask him to expose and cancel any tempting situation or hidden attitudes of disloyalty that might create access to the enemy.

More guides available next week

Recommendations

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 publications.



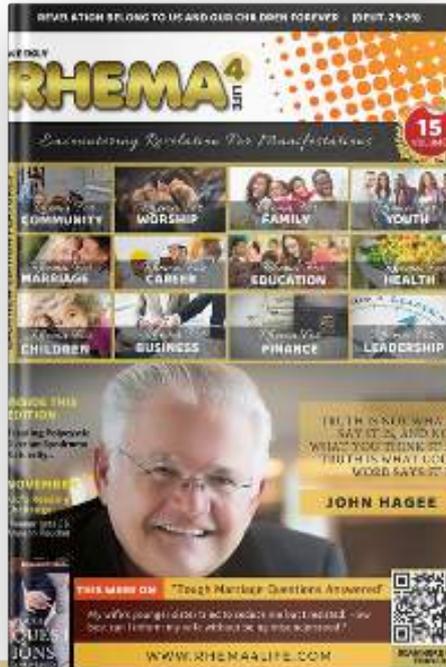
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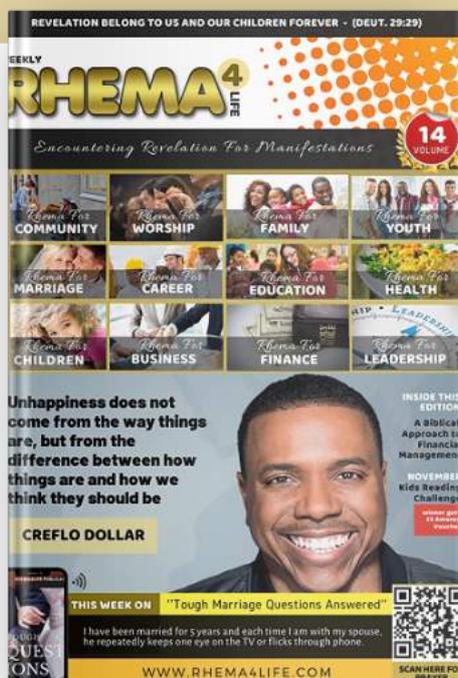
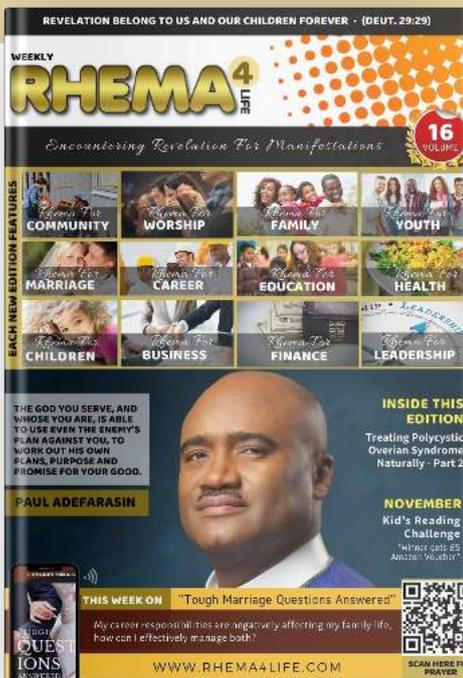
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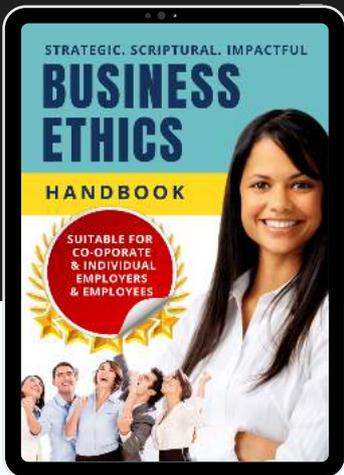
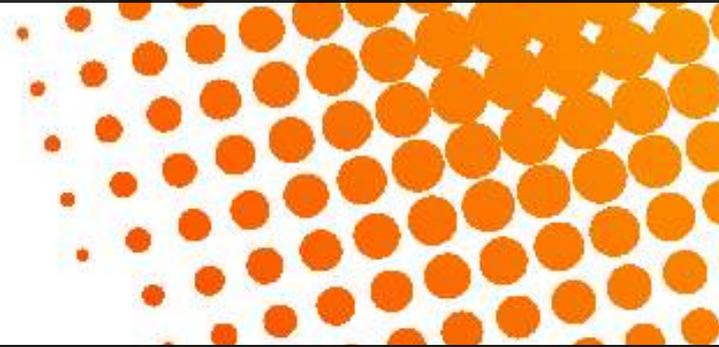


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Promoting Positive & Fair Working Environment.



Scriptural Strategies to Promote Positive & Fair Working Environment that is beneficial to both Employers & Employees

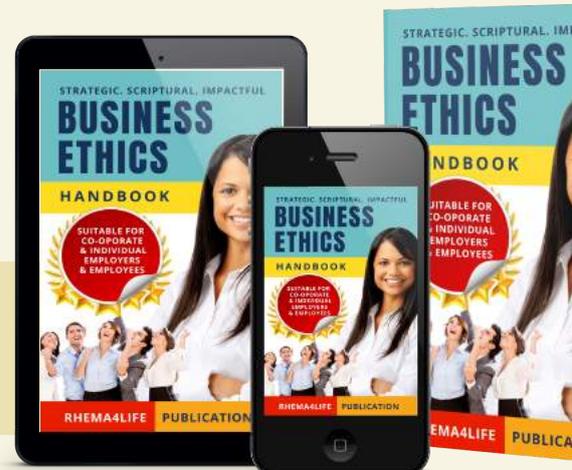
With consistent ethical behavior comes an increasingly positive public image. To retain a positive image, businesses must be committed to operate on an ethical foundation as it relates to the treatment of employees, respecting the surrounding environment and fair market practices in terms of price and consumer treatment. Here are some nuggets that can assist employees deliver exceptional services.

Business Ethics
 Rhema4life Publication

NUGGETS FOR EMPLOYEE (3)

A team comprises of different people with different beliefs, different perspective, different mentalities and ideologies. Take some time to study your team members in other to adapt a suitable pattern of working with them; bearing in mind that there will be some who see things from a different perspective. Hence, patience and perseverance is important in team work to ensure smooth delivery of service.

Full Book Coming Soon...



SCRIPTURAL REFERENCE
 Philippians 2:3-4



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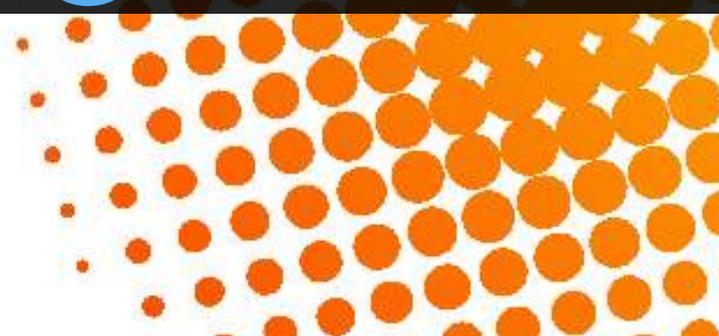
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It's time to Take back what the Enemy stole...



Your destiny is different from others, which means your process to your destination will also be different.

The reality of knowing God's love for you keeps your mind in Christ, not on the crises. It keeps you in peace, not panic mood; in faith, not fear; in hope, not despair; in strength, not weakness; in direction and not confusion. The reality of the love of God enables you to hold on without throwing in the towel. The light of God shines within those who have gotten hold of this mystery called LOVE. Positive changes will occur in your life as you embrace the love of God. This is where your transformation starts from.

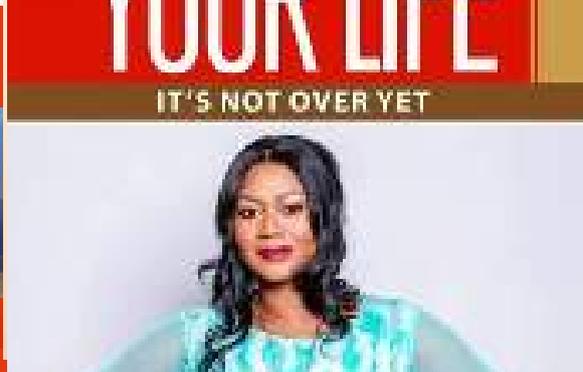
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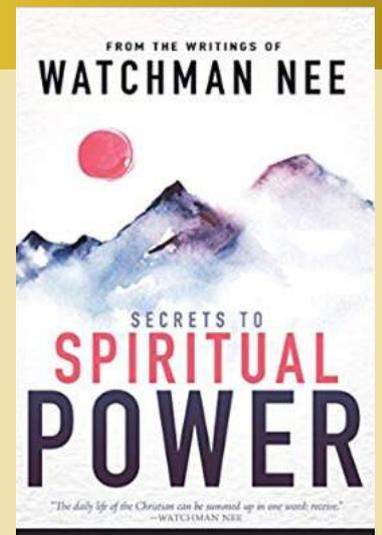
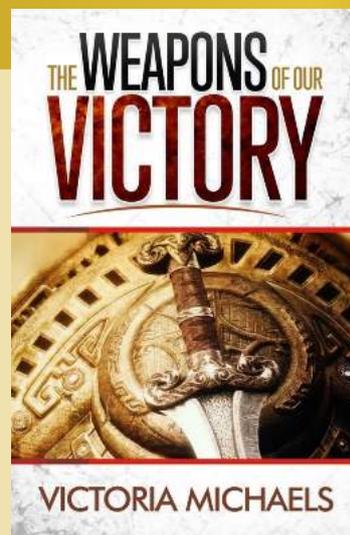
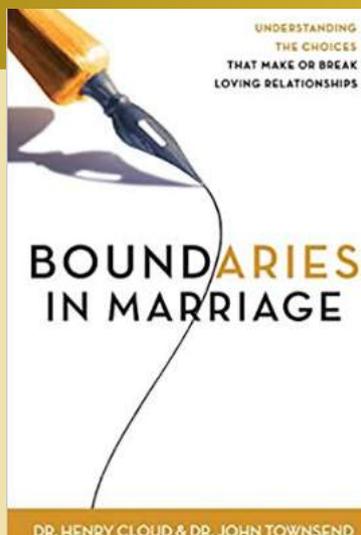
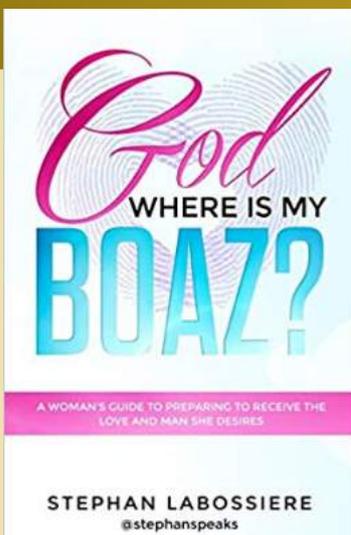
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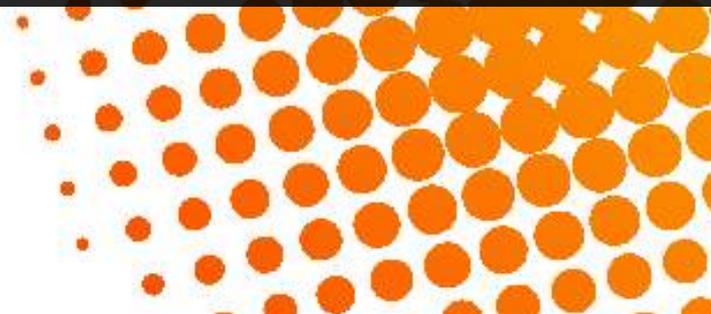
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WEEKLY

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SPECIAL RHEMA FOR WORSHIP & PRAISE



You were Created for Worship ...



Are you ready to unleash the power of Praise? John 4:24, God is spirit, and his worshipers must worship in the Spirit and in truth."

NOT ONE OF THEM WILL STAND BEFORE YOU THIS YEAR

And when they began to sing and praise the Lord set ambushments against the children of Ammon, Moab and Mount Seir which were come against Judah and they were smitten. (2 Chronicles 20:22). This is a classic example of what happens when we praise God. We often panic when we hear news that are challenging. Some react in the negative and some even loose faith. We clearly see what happened when Jehoshaphat received news that can make even a strong man despair. But he decided to praise God and something unusual happened. As you praise God this new year and continue to do so. God himself will set ambushments on everything that troubles you. Not one of them will stand before you this year and you will find rest as you spend more time in Praise. This is not a year of fear or complain or faint; But this is a year to declare the praises of God who has called you out of darkness into his marvellous light. Like Jehoshaphat do not stop seeking God, gather your family and friends, and Praise him like never before and as you do you will experience peace because your victory is guaranteed. Happy new year.

Godswill Otuonye

Music Minister,
Song Writer and Producer

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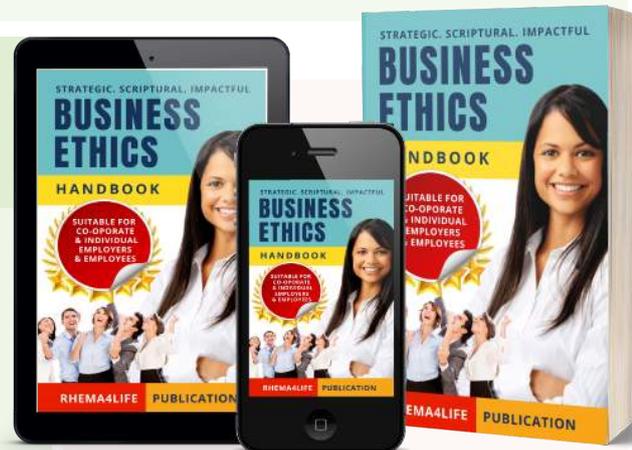
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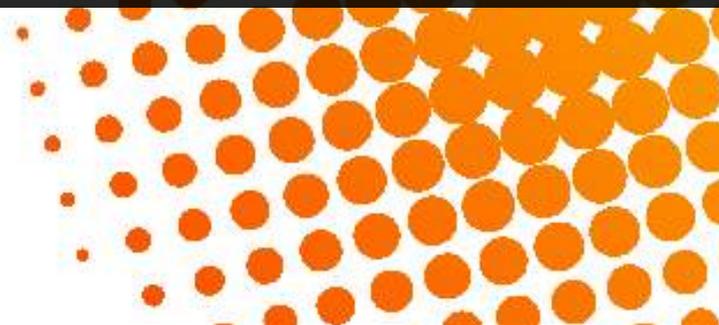
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WEEKLY **RHEMA**⁴ LIFE FOR HEALTHY LIVING



"God's desire for you is to be healthy"

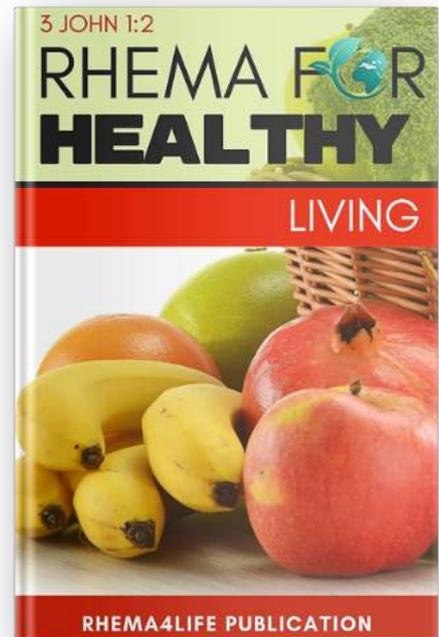


Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth. (3 John 1:2)

Dr Joy Victor Osazuwa
Global health Boosters Int'l

HEALTH BENEFITS OF THYME - PART 1
Using Thyme as a relief for cough symptoms

Thyme is used by some for respiratory illnesses. One study from a Trusted Source suggests that the essence extracted from thyme leaves mixed with ivy can help relieve coughing as well as short-term bronchitis. The leaves contain compounds called flavonoids that relax the throat muscles involved in coughing and lessen inflammation. You can make thyme tea at home using 2 teaspoons of crushed thyme leaves and 1 cup of boiling water. Cover the cup, steep for 10 minutes, and strain.



Article accessible @ <https://www.healthline.com/health/allergies/best-natural-cough-remedies#thyme>

(NB: These articles are for guidance only, If you have severe medical conditions please consult your doctor asap)

GOT QUESTIONS? ASK OUR TEAM

Do you need guidance, regarding Fertility, blood pressure, ovarian cyst, weight loss? Our Health consultant is a Weight loss expert and life coach and can help people take control of their lives

God has a sure plan to get you further than you think

RHEMA FOR MARRIED & SINGLES

Let us help you deal with the most challenging questions you face in courtship, relationship and marriage

Part I - Understanding the Signs and Negative Effects of Bottled-up Emotions.



Where effective communication is lacking, emotions that cannot be expressed are likely to be bottled up and in most cases allows assumptions to set in. Bottling up emotions to some people, comes naturally because they feel that showing emotions suggests vulnerability to others. However what they failed to understand is when you bottle up your emotions for too long, it is inevitable that you will explode at one point. A relationship, marriage or collaboration that promotes free and fair communications suffers less emotional out-burst because, what could have been reacted had actually been resolved by mutual understanding during conversations.

SIGNS OF SUPPRESSED EMOTIONS

1. You have a tough exterior - You might have been described as being 'tough as old boots' or that you are tough on the outside. There appears to be no situation that will make you crack or break down. To everyone around you, it is as though you simply don't care, but only psychopaths are incapable of feeling emotion, and even they care about themselves. If you are always seen as tough, then you might also appear to be unapproachable.
2. You have frequent tantrums - Your emotions have to be released at some point, and having a tantrum or getting stroppy about the little things is a sure sign you are bottling up much more important emotions. Tantrums are childish and immature and are just a way of coping so that you don't have to go through the bigger stuff. You will put people off you if you keep on having little tantrums.
3. You're a good listener - Despite not being able to deal with your own emotions you are pretty good at doling out advice for other people. You are known as being a good listener and people value your sound advice. The point to remember is that while you are helping others you are putting your own problems on the back burner.
4. You often feel lonely - You might be a good listener for your friends and colleagues, but inside you feel lonely. In a world where people love to talk about themselves and their emotions, you feel like a true outsider.
5. You feel anxious all the time - It stands to reason that if you have bottled up emotions, they will have to come out somewhere and somehow. By not dealing with what you are feeling, you are not fooling your body. It senses that something is wrong and tries to release the problem in other ways, i.e. anxious feelings.

more signs and symptoms of suppressed emotions next week

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WEEKLY

RHEMA⁴LIFE

Rhema4life News Alert features Real Live Testimonies of God's manifested power from people, reputable churches & ministries around the world. (Examples can be deliverance from addictions, healing, dream encounter, etc (NB: Individual Testifiers can opt to be Anonymous)



Presented By: Skelly

REV. 19:10

NEWS ALERT

ON TESTIMONIES FROM AROUND THE WORLD

This week on Rhema4life News Alert, we want to shout out Loud on Testimonies of God's manifested power from around the world. Stay motivated, Be inspired and Don't give up hope regardless of your circumstances, There is a set time for a visitation, and yours is NOW.



Hi, welcome to Rhema4life News Alert. This week I found this testimony that caught my attention and I decided to share it in order to motivate anyone in such position to trust God regardless of their situation.

The testifier said "Growing up as a child their parents did not have a perfect marriage because of their fathers addiction to alcohol. Regardless of the fact that he paid the bills and provided food for them. The testifier said, He never showed us love, always grumpy, angry and aggressive, because he doesn't know how to. He was an alcoholic and the more they try to force him out of his lifestyle, the worse his attitude, so they left him in God's hand by praying for him and showing him love.



As they did, God began to work in his life until he was completely changed and requested to be baptised. He is now a born again christian and completely different".

Does this look like your story or that of someone close to you? My assurance for you is that Jesus lives and his power is unending. The fact that he delivered this man from chronic addictive traits means there is hope. My charge to you is not to give up, rather exercise Faith and watch what seem like a hopeless situation turn around in your favour.

.....
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(Answers are published on this page weekly as anonymous guaranteeing your privacy)

God has a sure plan to get you further than you think

RHEMA FOR YOUTHS & TEENS

Let us help you deal with the most challenging questions you face as a young adult



Is establishing an exercise plan a healthy routine?

Yes, a daily exercise program offers a fun opportunity to share physical activity with family and friends while helping to establish good heart-healthy habits. The following exercise guidelines assists teens to plan a healthy exercise activities:

- Teenagers need at least 60 minutes of moderate to vigorous physical activity on most days to maintain good health and fitness, and for healthy weight during growth.
- Teenagers are encouraged to limit screen time (TV, video, and computers) to less than 2 hours daily and replace these sitting activities with activities that require more movement.
- Even low-to-moderate intensity activities like Pleasure walking, Climbing stairs, Dancing, Home exercise can be helpful for as little as 30 minutes a day.

Regular aerobic physical activity is beneficial for teen's and also play a role in the prevention of heart diseases and type 2 diabetes. Aerobic activities are continuous activities that cause the heart rate and breathing rate to increase. However to prevent dehydration, teens are encouraged to drink several glasses of water or other fluid with no added sugar regularly during physical activity.

Examples of vigorous activities may include: Brisk walking, Running, Swimming, Cycling, Roller skating, Jumping rope, Playing on the playground, Dancing, Gymnastics, Hiking, Soccer, Tag games etc

**ASK US ANYTHING
(PRIVACY GUARANTEED)**

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PRESENTED BY RHEMA4YOUTHS

MENTAL MATHEMATICS

Strengthen your Skills by Solving these Maths Problems in "60 seconds"

SPOT THE DIFFERENCE

Let's Count...

- 1) How many crowns are on the picture?
- 2) How many tiny green drops of water are on this picture?
- 3) Altogether how many blue and green drops of water are on the picture?

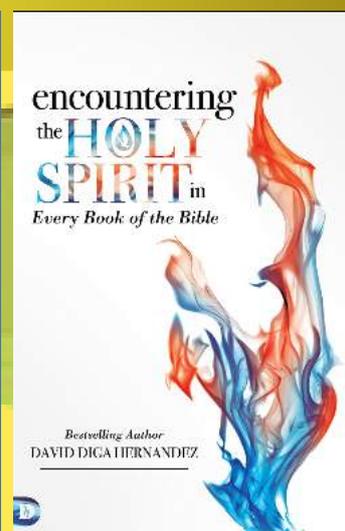
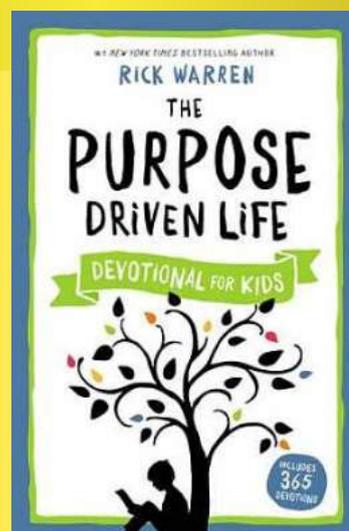
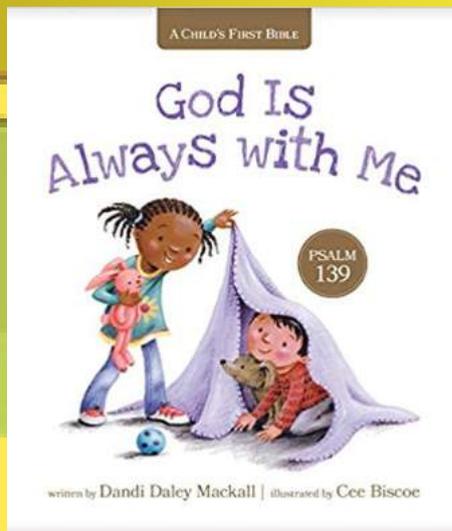
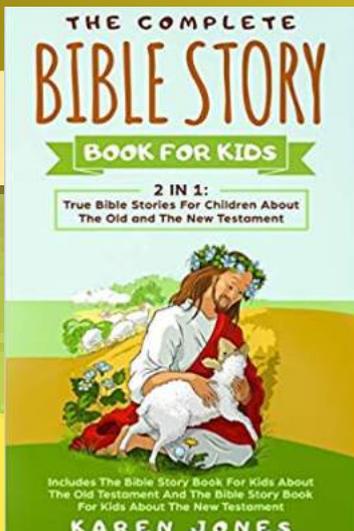


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RHEMA

READING CHALLENGE

Every 4 weeks we organise a Reading Challenge for children. And reward the winner with an Amazon voucher worth £5.

JESUS WALKS ON WATER

Matthew 14:25-31, Shortly before dawn Jesus went out to them, walking on the lake. 26 When the disciples saw him walking on the lake, they were terrified. "It's a ghost," they said, and cried out in fear. 27 But Jesus immediately said to them: "Take courage! It is I. Don't be afraid."

28 "Lord, if it's you," Peter replied, "tell me to come to you on the water."

29 "Come," he said. Then Peter got down out of the boat, walked on the water and came toward Jesus. 30 But when he saw the wind, he was afraid and, beginning to sink, cried out, "Lord, save me!" 31 Immediately Jesus reached out his hand and caught him. "You of little faith," he said, "why did you doubt?"

QUESTIONS?

1. Who did Jesus ask to walk on water with him?
2. Why did Peter begin to sink?
3. Did Peter walk on the water by his own power?
4. Does God ask us to do things without giving us the means to do them?
5. Who should we trust in to accomplish our work here on earth?



NB: You can accumulate your Vouchers for a fantastic "Backpack" from Amazon

YOUR REWARD



The best answer gets £5 Amazon E-voucher.

Win £5

Amazon gift card

Submit Entries for Reading Challenge

RULES OF CHALLENGE

RULE 1

1) Ask a grownup to read the story for you.

RULE 2

Then answer the questions in your own words. (NB: ask for a grown-up's help if you don't understand).

RULE 3

Then Submit your answers on our website.

This challenge ends on the 31st, January 2020. Winners will be contacted 5 days later.

SUBMIT ENTRIES @ WWW.RHEMA4LIFE.COM

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Pay a minimum of **N500K** spread balance within 24 months **Get a Cow** (200kg Black, 200kg White)

Pay a minimum of **N200K** spread balance within 24 months **Get a Goat** (20kg)

Pay a minimum of **N100K** spread balance within 24 months



Birthday Wishes To our Readers Born in the Month of January. Download or Subscribe to receive a free copy of Rhema4life Magazine it is our special gift to you; worth more than cakes

WE WISH YOU MANY MORE FRUITFUL YEARS AHEAD

REVELATION BELONG TO US AND OUR CHILDREN FOREVER - (DEUT. 29:29)

WEEKLY RHEMA4LIFE

Encountering Revelation For Manifestations

15

COMMUNITY, MARRIAGE, CHILDREN, WORSHIP, FAMILY, YOUTH, CAREER, EDUCATION, HEALTH, BUSINESS, FINANCE, LEADERSHIP

INSIDE THIS ISSUE: Paying Polygamy, What's Next?

NOVEMBER 15th: Paying Polygamy, What's Next? (by Pastor John Hage)

TRUTH IS NOT WHAT WE SAY IT IS, AND NOT WHAT YOU THINK IT IS. TRUTH IS WHAT GOD WOULD SAY IT IS. **JOHN HAGE**

THIS WEEK ON: Tough Marriage Questions Answered

Any wife's younger sister tried to seduce me but resisted. How best can I inform my wife without being unreasonable?

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RHEMA

Encountering Revelation...

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EVANGELISM AND SOUL WINNING WHEN YOU SHARE WITH YOUR FRIENDS AND FAMILY**

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